

extension moments (internal), valgus-varus moments (internal), ground reaction forces (vertical & shear), and time to peak vertical ground reaction force were also recorded during the landing phase

- Landing phase was defined as the time period from initial ground contact until the first local minima of the vertical ground reaction force

Landing Error Scoring System (LESS)

- 3 raters scored all trials (blinded from each other)
- Rater #1 scored all trials two separate times (session 1 & session 2)
- Raters #2 & #3 scored all trials once
- All raters were allowed to pause and rewind the video tapes during scoring
- All raters underwent a 45-minute training session prior to scoring the trials

STATISTICAL ANALYSES

Intra-Session Reliability

- ICC(2,1) & SEM values for session 1

Table 1
session
reliability
VALIDITY

- One-way
displayed s
comparison
(Figure 3)

